

## IN THIS ISSUE:

- BLUE & WHITE AWARDS
- DISTRICT CONGRATULATIONS
- SUMMER CORN SALAD
- MENTAL HEALTH MONTH
- DEF GALA



## May 8, 2025

Dickinson ISD is hosting its 3rd Annual Blue & White Awards to recognize and celebrate the outstanding employees whose hard work and dedication have made a significant impact on the district.

This is an invitation-only event.

If you have received an invitation, we kindly ask you to join us as we celebrate your contributions and achievements.



### IMPORTANT DATES TO REMEMBER:

- May 1- School Principal's Day
- May 5- Cinco de Mayo
- May 5-9 Teacher Appreciation Week
- May 7- National School Nurse Day
- May 8- Blue & White Awards
- May 11- Mother's Day
- May 12-16 National Police Week
- May 23- Last Day of School/ Graduation
- May 26- Memorial Day/ DISD Closed



## Congratulations to the following staff across Dickinson ISD!



### District First Year Teacher of the Year

Andrew Senegal- DHS



### District Substitute Teacher of the Year

Daisy Lopez



### District Profesional Support of the Year

Jacquelyn Kennedy- HRES

# Summer Corn Salad



## Ingredients

- 4 corn cobs (about 3-4 cups)
- 1 cup cherry tomatoes, halved or quartered
- 1/3 of a small red onion, chopped
- 2 Tbsp cilantro, chopped (leaves & stems)
- 3-4 limes, juiced (or enough to coat the salad)
- 1-2 avocados, diced
- Salt, to taste
- Black pepper, to taste



## Instructions

1. Boil the corn. Bring a large pot of water to a boil over high heat and shuck the corn cobs.
2. Once boiling, add the cobs to the pot, cover and boil for 1½ – 2 minutes. Transfer the corn to a tray and discard the water. Allow the corn to cool completely before cutting off the kernels.
3. Toss. Mix the corn kernels, tomatoes, onion, cilantro and lime juice together in a large bowl. Season with salt and pepper to taste. (Taste again and adjust seasonings if needed.) At this point, you can serve the salad immediately or cover and keep it chilled in the refrigerator.
4. Serve. Top each individual bowl with diced avocado and serve.

MAY IS NATIONAL  
**MENTAL HEALTH**  
AWARENESS MONTH



Mental health is a vital component of overall well-being, influencing how individuals think, feel, and act in both personal and professional settings. Prioritizing mental health supports resilience, enhances productivity, and fosters healthier relationships, ultimately contributing to a more positive and effective work environment.

## Mental Health Resources:

All Dickinson ISD employees have access to the Employee Assistance Program (EAP) provided through Mutual of Omaha. This benefit includes up to six face-to-face counseling sessions per family member, per issue, each year. Additionally, employees have unlimited access to web-based consultations.

To utilize online resources or request in-person services, please visit the Mutual of Omaha [website](#). You may also complete the [Client Intake Form](#) to digitally request an appointment, or call 800-316-2796 to schedule by phone.



Join us for Havana Nights at the 2025 DEF Gala on **May 16, 2025**, at South Shore Harbor Resort! Your sponsorship supports Dickinson ISD's students, teachers, and staff.

Click [HERE](#) to purchase your ticket!